

This newsletter was produced with the assistance of a Waterford Area Partnership

GOAL 2 - Youth Development Grant.



Manor St. John Easter Newsletter - 2015.

A Very Happy Easter 2015 to all our staff, supporters and Club members – in this issue ...



Spring & Summer - 2015: Events in Manor St. John Youth Service:

- ♥ After-school arts and craft clubs.
- ♥ Youth Café.
- ♥ Women in Sport - *New event!!*
- ♥ Health related fitness.
- ♥ Homework clubs.
- ♥ Badminton.
- ♥ After school newsletter club.
- ♥ And lots more - visit us on **Facebook** {**search Manor St. John Youth Service**} for up to date information.



Coming up - in the summer 2015 edition of the magazine.

- ♥ Interview # 1 - Megan Maher - Waterford's newest Muay Thai champion.
- ♥ Interview # 2 - Kelly Proper - Waterford's finest athlete.
- ♥ Interview # 3 - Joe Gough - Waterford's best senior athlete.
- ♥ Profile Sam Smith - Soul singer.

The Manor St. John Women in Sport Programme.



Research conducted by the ESRI in 2005 revealed that less than one in five Irish women met the National Activity Guidelines of 30 minutes of moderate/vigorous activity for at least 5 days a week. The objectives of the Women in Sport programme are to raise the overall physical activity levels among women and to support women's roles within sports organisations.

The Manor St. John Women in Sport Programme runs for 10 weeks and takes place every Thursday after school. The programme is a fun activity - it aims to increase the participation of our female members in sporting activities. The programme also raises awareness of health living for participants. All members are welcome and the classes are run by Aine O'Sullivan - of the Irish Sports Council and the Community Games. Participants get to sample two sessions of rounders, dance, indoor-soccer and fitness exercises.

A Profile of Ronaldo - By Jordan.



Ronaldo - pictured today - advertising his CR 7 boots.

Cristiano Ronaldo - full name Cristiano Ronaldo Santos Aveir - was born on February 5, 1985, in Funchal, Madeira, Portugal. Madeira is a small island off the western coast of the country; Ronaldo is the youngest of four children born to his mother - Maria Dolores dos Santos - and father - Jose Dinis Aveiro. He was named after Ronald Reagan, a favorite actor of his father's.

Through his dad's work as equipment manager at a local boy's club that Ronaldo was first introduced to the game of soccer. By the time he was 10 years old, he was already recognized as a wonder - a boy who ate, slept and drank the game. "All he wanted to do as a boy was play football," his godfather, Fernao Sousa, recalled

for British reporters, adding, "He loved the game so much he'd miss his meals or escape out of his bedroom window with a football when he was supposed to be doing his homework."

Ronaldo's international team is Portugal - his home country. He is the team Captain and he plays in forward position. His first professional team was Manchester United but then he got transferred to Real Madrid. And that's his real team now. Every player has two teams - his two teams are Portugal and Real Madrid. His fans enjoy all his games, skills, and the power of him as a fantastic player. He is well known for his love of all kind of soccer boots - his new boots are CR7's - see the picture.



Ronaldo as a young boy starting out - and as a teenager.



Ed Sheeran - A profile by Sarah.



Edward Christopher (Ed) Sheeran has taken the music world by storm. Singer, songwriter, guitarist, producer, he is his own one-man band. His trademark is a mellowed out style that heavily features acoustic guitar melodies and simple percussion beats.

Ed Sheeran was born on February 17, 1991 in Halifax, U.K. He started to play guitar and sing at a young age, writing his own music. He grew up playing and writing music, starting to record some of his original work in 2005. His first independent EP was titled 'The Orange Room EP'.

In the next two years Sheeran self-recorded two albums, one self-titled (2006), the other titled as *Want Some?* (2007). It wasn't until 2008 that Sheeran started performing regularly, having moved to London where there are music clubs and small venues that are always looking to book new talent. He played in small venues, every day, playing to as little as five people on some nights.

In 2009 Sheeran really began to get noticed among the UK music scene. He played 312 shows in 2009, breaking James Morrison's record of playing 200 shows in a year. He released another EP, *You Need Me*, and went on his first tour with Just Jack.

After touring with Just Jack, and getting recognition by producers after having released a video through SB.TV, he was asked to tour with mainstream rapper Example, in 2010. Also in 2010 Sheeran released his most popular EP to date, titled *Loose Change*, which contained his then to be hit single "The A Team." Sheeran

soon left his management company and started to test his luck out in Los Angeles by playing open mics. Sheeran's fan base started to grow via the Internet and it wasn't long before his current record label, Asylum/Atlantic Records, picked him and started recording his first album, titled simply as "+". Sheeran's music is unique because of two things. His music is written, recorded, and performed completely on his own. With the use of a loop mic and a BOSS Loop pedal, Sheeran records various guitar strains and harmonies as well as percussion and vocal harmonies and then sings the melody over the harmonies, and raps out portions of his songs. The second thing that makes Sheeran's music so captivating is what his lyrics are about. Performances done on the loop mic and loop pedal are absolutely captivating and they only add to Sheeran's natural stage presence and the mood of the performance.

Sheeran writes about love, life, death and human experiences - his lyrics are poetic and vibrant. He says, "I think it's good to remember that everything has been done before. The public has heard the stereotypical love songs a million times and they've heard the stereotypical life-or-death songs millions of times. It's good to mix it up a little bit. That's why the different subject matters and love songs on the album are a bit odd and have some rapping things in it and popular culture references. I just wanted to kind of make it a little bit different."

From the lyrics and the sweet, mellowed style of his music it is quite a surprise to find out that the "love" songs that Sheeran writes hit harder home on topics that are, more often than not, ignored. Sheeran has been quoted that he wrote the song after meeting a woman while volunteering in a homeless shelter, named Angel, and was so inspired by her story that he couldn't help but write about it. Ed Sheeran has burst onto the music scene, spreading his music across the globe. His most recent projects include collaborating on Taylor Swift's most recent album, singing on one of her tracks, and he is now touring North America with the American country-pop star as the opening act to her RED tour. Despite his sudden rise to fame, Sheeran remains calm. When asked about his music and fame he merely replies, "I just wanted to write songs. Sheeran continues his successful rise in the music charts all over the world, taking the world by storm with his self-labeled genre of "Acoustic-soul."



The beautiful stylings of - 5 Seconds of Summer - by Rachel.



5 Seconds of Summer is an Australian band which consists of a drummer, a lead singer and 2 vocalists. Luke Hemmings is the lead singer, he's Australian. Ashton Irwin is the drummer, he's Australian/Irish/American. Calum Hood is one of the vocalists and his nationality is New Zealand/Scottish and Australian. Michael Clifford is the other vocalist, he's also Australian.

5 Seconds of Summer originally consisted of 3 members - Luke, Michael, and Calum. Michael invited Ashton to play drums with them for their first gig which was in Sydney. After they played, Michael texted Ashton asking him to join the band full time - in 2011. Luke first posted covers of himself singing on YouTube which later included Michael and Calum joining him for their cover of the Wheatus song 'Teenage Dirtbag'

Their first tour was around Sydney and they played in pubs and in small halls.

They were noticed by Louis Tomlinson from One Direction who invited them to open for them on their '*Take me Home*' tour, after the tour they kept in contact and they were later invited back for their '*Where we Are*' tour. After each tour, they gained more and more popularity which is still rising to this day. Their own music is mainly pop rock but they do covers as well at their concerts.

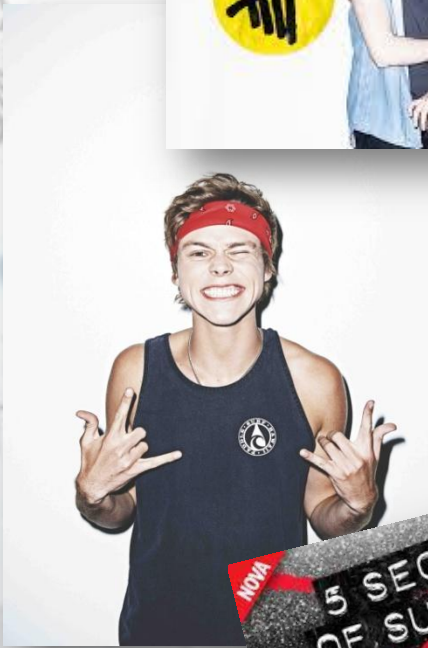
Their first headline tour is called '*Rock Out with your Socks Out*'; their first stop on the tour was in Japan when they last played with One Direction in 201



Luke



Michael



Ashton



Calum



Transformers - by Jamie.



- Transformers are a line of toys produced by the Japanese company Takara - the Transformers films are based on the toys.
- The films are -
- *Transformers* - (2007).
- *Transformers: Revenge of the Fallen* - (2009)
- *Transformers: Dark of the Moon* - (2011)
- *Transformers: Age of Extinction* - (2014)
- *Transformers 5* - (2016) this is not in the cinema yet.

Here are pictures from the films.





Minecraft - By Bradley.

Minecraft is a computer/console game. You can get the game for Xbox, Xbox 360, Mac's, PC's, PS3, PS4 and you can play it on your iPhone or Android phone.

The first version of Minecraft was called The Cave Game, the next version was called Order of the Stone, and then it became Minecraft.

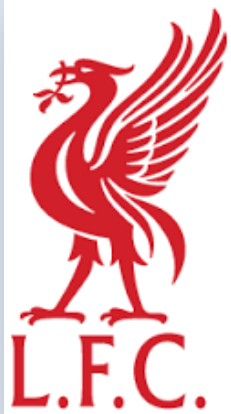
In Minecraft you have to construct and survive. A house is essential to survival in Minecraft. Your house offers a safe shelter to mine, build, sleep, explore, and most importantly, stay safe from creepers, spiders that don't go away in the morning.





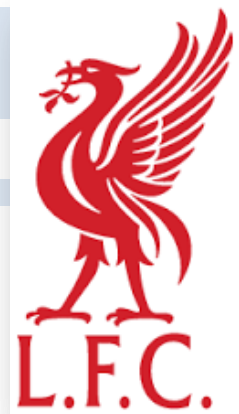
Liverpool by Stephen.

Soccer is a game with 22 players - 11 on each team and 45 minutes a side. Liverpool Soccer Club is an English club. Liverpool has 3 kits (see the picture of one of the kits for 2015). The home ground for Liverpool Soccer Club is Anfield. The club manager for this year is Brendan Rogers. Liverpool Soccer Club was founded in 1892. People say that Steven Gerrard is Liverpool's greatest player ever.



List of players: 2015 - 16.

- I. Mario Balotelli : For
- II. Stephen Gerrard : Mid
- III. Daniel Sturridge : For
- IV. Raheem Sterling : Mid
- V. Adam Lallana: Mid
- VI. Phillipe Coutinho: Mid
- VII. Simon Mignolet :GK
- VIII. Martin Skrtel : Def
- IX. Mamadhu Sakho : Def
- X. Dejan Lovren: Def
- XI. Glen Johnson: Def





Conor McGregor - Irish Legend.

By - Patrick.

Born - July 1988 - Nicknamed - 'The Notorious'. Height - 5'-9" - Weight in 2015 - 10.4 St. Divisions - Featherweight / Lightweight.

Born and raised in Dublin City - McGregor played football and also began training at the Crumlin Boxing Club in Dublin. In 2008, he began his professional Mixed Martial Arts (MMA) career. In 2009, he attended UFC 93 and was so captivated by the experience he began to pursue a professional career in the UFC. Connor trained under the tutelage of John Kavanagh, the first Irish person to achieve a black belt in Brazilian jiu-jitsu, and his team at SBG Ireland. McGregor was always fond of fighting and was no stranger to combat sports having already been a National Boxing Champion as an amateur. With his boxing background as a base he has also trained in Tae Kwon Do, Karate, Capoeira, and Kickboxing prior to competing in professional MMA. On April 6th, 2013, McGregor made his UFC debut at UFC on Fuel TV: Mousasi vs. Latifi under the

preliminary card. McGregor holds a brown belt in Brazilian jiu-jitsu under Kavanagh.

McGregor trains with SBG Ireland alongside fellow UFC fighters Cathal

Pendred and Gunnar Nelson

Top 5 quotes from Irish superstar Conor McGregor

1. *"There are two things I really like to do and that's kick ass and look good. I'm doing one of them right now and on Saturday night, I'm doing the other."*
2. *"I am cocky in prediction. I am confident in preparation, but I am always humble in victory or defeat."*
3. *"If one of us goes to war, we all go to war!"*
4. *"These custom-made suits aren't cheap. See this solid gold pocket watch, three people died making this watch. I need to put people away. I need those big fights. I'm going to end up in debt pretty fast."*
5. *"We're not just here to take part — we're here to take over."*

